

# MUSICALITY

Add another dimension to your dancing



18th July

From £15

Forgotten more turn patterns than you can remember?



Take some time out from endless move combos & listen to what the music is saying and how to respond to it!



You need to get back to basics, go back to the beginning to where it all started.....the music!

# In conjunction with Danzalifestyle & hosted by Irene Miguel we bring you: **SPIRIT - MUSIC INTERPRETATION & TIMING WORKSHOP**

*"This workshop is aimed across the board - I do not believe there is a dancer out there, myself included, that could not benefit from a little more MUSICALITY - definitely something for everyone!"*

If you're new into the salsa scene, not too many routines up your sleeve... this will enable you to learn about the rhythms and instruments, find out what kind of movements suit them, where and when can be appropriate to use them. You will start to gain a firm foundation to then go out and build turn patterns onto. Invaluable!

More experienced dancers this will enlighten you into an area of strength where you can re-connect with the songs you are dancing to - dancing was never just about the endless turn patterns - it's a response to the music. Stop, and come listen.... it can reform and strengthen your dancing overnight.

*"Now I don't worry about remembering turn patterns or shine combos . I just listen and interpret the music ...when to spin, when to break & what kind of movements, & when to finish ..it's all there, in the music. Spirit Musicality gave me the tools, everything just bloomed from there on in!! "*

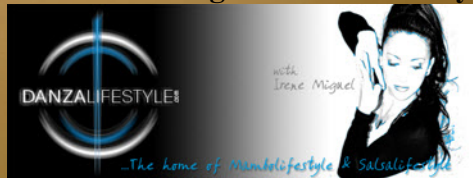
With Irene's passion for latin music and dance this special program has been part of the Danzalifestyle syllabus since 1997. Always improving and ever developing as it grows. With guest musician **Roberto Pla**, the bootcamp is designed to be very practical. It will teach you the theory of latin music and how to apply it to your dance straight away!

All levels, styles & teachers are welcome.



**\*Until end of April just £15  
From 1st May £20  
On the door still just £25**

**4 hours of insight into Musicality**



**Longueville Hall, Newton Longville, Whaddon Road, Milton Keynes. MK170AT**